

## *How did you go shopping in the city?*

Loyalists who lived in cities had to buy most of their food and necessities.

It was hard to store food in the city, so people shopped at the market every day but Sunday, when it was closed.

Church bells would ring to announce the opening of the market and the close of the market day. Tuesday and Friday were the big market days. Shoppers went from stall to stall buying meat and vegetables. You could buy bread at the baker's and you could also take your meat and pies there to cook in his oven.

Butter, milk, and eggs could be delivered to your house.

It did become harder to get food in the cities as the war continued. Patriots asked farmers not to take food from their crops into the market to sell. But as long as British goods could get shipped in and the people had the coins to buy them, they had food and other things they needed.





