

## *What would you eat and drink on the Mayflower?*

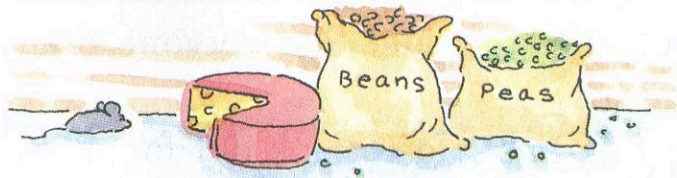
Day after day, you would eat the same kind of food. You would not like it the first day, and by the last day you would be sick and tired of it.

Most of the time you would eat *salt horse* and *hardtack*. That's what the sailors called it.

Salt horse was their name for salted beef or pork or fish.

Hardtack was a hard, dry biscuit.

There were dried peas and beans, cheese from Holland, and some butter.



To cook their food, the Pilgrims would have had to build charcoal fires in metal boxes called *braziers*. But most of the time the weather was so stormy that it was too dangerous to have a fire. So most of the time the Pilgrims ate cold food.



There were barrels of beer and barrels of water. But after standing in the barrels for a while, the water was not safe to drink. So everyone drank beer—even the children.

The Pilgrims had to look out for bugs in their food. Every ship in those days had bugs crawling everywhere.

By the end of the voyage, the biscuits got harder. The cheese got moldy. The butter turned bad. Even the beer began to go sour.